Physical Education Curriculum Overview:

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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 5 | * Move and learn
* Fitness
 | * Dance
* Football
 | * Tag rugby
* Badminton
 | * Hockey
* Netball
 | * Dodgeball
* Basketball
 | * Athletics
* Cricket and Rounders
 |
| Year 6 | * Swimming
* Fitness
 | * Swimming
* Multi-skills
 | * Hockey
* Football
 | * Gymnastics
* Tennis
 | * Paralympics
* Ultimate Frisbee
 | * Athletics
* Cricket and Rounders
 |
| Year 7 | * Netball
* Fitness
 | * Football
* Dance
 | * Table Tennis
* Hockey
 | * Table Tennis
* Tag Rugby
 | * Orienteering
* Basketball
 | * Athletics
* Cricket and Rounders
 |
| Year 8  | * Team Challenges
* Fitness
 | * Volleyball
* Football
 | * Rugby
* Badminton
 | * Handball
* Gymnastics
 | * Ultimate Frisbee
* Cricket
 | * Athletics
* Softball
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